

CONTRAINDED ANTI-EPILEPTICS

“NO-NO” MEDS

These medications can increase glycine levels or interfere with glycine metabolism, which may worsen the underlying biochemical imbalance in NKH. Because NKH already involves elevated glycine in the brain, further increases can intensify seizure activity, encephalopathy, and neurologic instability.

Medication decisions should always involve a metabolic specialist familiar with NKH.



1

VIGABATRIN

2

VALPORATE

3

PHENYTOIN



VIGABATRIN

Brand Names:
Sabril



**VALPORATE
(SODIUM VALPORATE)**

Brand Names:
Depakote
Orfirl
Orfirl Long
Orfirl Retard



PHENYTOIN

Brand Names:
Dilantin



nkhrusaders.com



mackenzie@nkhrusaders.com