

CONTRAINDICATED ANTI-EPILEPTICS

“NO-NO” MEDS

These medications can increase glycine levels or interfere with glycine metabolism, which may worsen the underlying biochemical imbalance in NKH. Because NKH already involves elevated glycine in the brain, further increases can intensify seizure activity, encephalopathy, and neurologic instability.

Medication decisions should always involve a metabolic specialist familiar with NKH.



1

VIGABATRIN

2

VALPORATE

3

PHENYTOIN



VIGABATRIN

Brand Names:

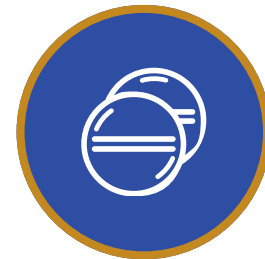
Sabril



**VALPORATE
(SODIUM VALPORATE)**

Brand Names:

Depakote
Orfiril
Orfiril Long
Orfiril Retard



PHENYTOIN

Brand Names:

Dilantin